

# Uppsala University – Division for Internationalisation Information Fact Sheet for Mobility 2023/2024

About the university	Uppsala University, Erasmus	ID Code: S UPPSALA 01
Agreement types administered:	University-Wide Agreements incl. some Erasmus+, ICM, ENLIGHT and Nordlys	
Mailing address:	Division for Internationalisation Unit for International Mobility Uppsala University Box 256 751 05 Uppsala Sweden  Courier Deliveries: von Kraemers Allé 4 752 37 Uppsala SWEDEN	Visiting address: Service Centre – Segerstedt Building Uppsala University Dag Hammarskjöldsv. 7 752 37 Uppsala SWEDEN
Telephone:	+46 18 471 0000	•
E-mail address:	All contact should be directed to: mobility	@uu.se
Website for exchange related information:	uu.se/en/admissions/exchange/	
Information about the university, location, number of students:	Uppsala University (UU) is the oldest university (UU) is the oldest university (UU) is the oldest university Uppsala is located 70 km north of international airport Stockholm Arlanda. Campus Gotland is our campus in Visby (In total, the university has about 50 000 stutop universities in the world according to no please refer to Study and Live in Uppsala /	of Stockholm and 30 km from the on the island of Gotland, in the Baltic Sea.  Idents. Uppsala University is one of the major rankings. For more information,

#### **Academic Calendar**

Academic calendar:	uu.se/en/admissions/higher_education_in_sweden/#anchor-282577
Official autumn term:	Start date 28 August, 2023 End date 14 January, 2024
Official spring term:	Start date 15 January, 2024 End date 2 June, 2024
Examinations:	Examinations take place throughout the term but not after the end of term, see above dates. Re-take exams can sometimes occur outside of these dates. Consider the end dates described in each course description to accommodate an earlier departure from Sweden. Map the courses accordingly.

**Nomination and Application process** 

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Number of exchange students	According to current exchange agreement, or as agreed by prior correspondence with
we can host (per term):	partner.
Nominations (for partners	Deadline for spring term nominations: 1 October
only)	Deadline for autumn term nominations: 1 April
	The online nomination link will be emailed out directly to partners shortly before the
	nomination period opens.



Application dates:	Autumn term:  • 15 March: online application opens  Deadlines  • 1 April: for students wishing to take Business Studies courses  • 15 April: for all other students  Spring term:  • 15 September: online application opens  Deadlines  • 1 October: for students wishing to take Business Studies courses  • 15 October: for all other students
Online application:	The link to the application portal will be emailed to nominated students shortly before the application period opens.  Please note: Online application closes automatically at 23.59 Swedish time on the dates given above.  More details can also be found here:  uu.se/en/admissions/exchange/application/
Application material:	The online application will require students to prepare the following items:  Official Transcript of Records in English, pdf only Course proposal (see information in Course selection)
Students will be notified if their application has been successful:	Autumn term: by mid-June Spring term: by late November/early December  By email from: mobility@uu.se and/or noreply@uu.moveon4.com Please make sure students can accept emails from these addresses.

#### Academic Information

Academic Information	
Number of credits that	Full-time workload: 30 credits
undergraduate and graduate	Minimum: 22.5 credits*
students need to complete per	Maximum: 37.5 credits
term:	
	*Please note, the Swedish Migration Agency requires students to be accepted to full-time studies to issue residence permits for non-EU/EES students. Full-time study means 30 credits (or higher education points) per term. You cannot receive a residence permit for distance learning or online courses.
Course selection:	In their application, students are required to select eight (8) courses in order of preference and priority. The students should be prepared to show how they meet the entry requirements for the selected courses by providing details from their own Transcript of Records. We recommend using the filter of the <a href="course catalogue">course catalogue</a> to narrow the list down to what is most appropriate to the student's level of education and area of study.
	Useful information about courses for exchange students is listed here: <u>uu.se/en/admissions/exchange/course/</u> <u>Courses offered specifically at Campus Gotland</u> (Visby)
	We will try to only admit students to fulltime studies with courses that do not have major overlaps. This is why we require several suggested courses in order of priority. <b>Eight (8) courses should be selected in order to have reserve options.</b>



Restricted subject areas for exchange students:	<ul> <li>Business Studies – entry requirements vary considerably. Please note the early application deadline!</li> <li>Economics – no courses available from the Department of Economics.</li> <li>Government - limited space on certain courses.</li> <li>History - limited space on certain courses.</li> <li>Law – entry requirement is a minimum of two years of completed full time Law studies.</li> <li>Medicine – no entry-level courses taught in English. Students must have a strong academic background within Medicine and meet the entry requirements described in the course description.</li> <li>Natural Sciences including Physics, Chemistry, Biology and Engineering few to no entry-level courses taught in English. Students must have a very strong academic background within these subjects and meet the entry requirements described in the course description.</li> <li>Philosophy – only few courses available with high entry requirements.</li> <li>Psychology – only few courses taught in English with very limited space on courses.</li> <li>Sociology – no courses offered for exchange students.</li> <li>Places on courses taught in Swedish for those with enough Swedish language skills can be offered if there are vacancies. Students will be notified of the decision only after the national (Swedish) admission process has been completed.</li> </ul>
Placement in students selected courses?	Each course is assessed individually by the department responsible for giving the course. In addition to academic entry requirements, courses may have a limited number of places available and can therefore not be guaranteed.
Student account	Student accounts must be activated with photo ID at the beginning of each term. An active account gives student access to courses, schedules and Wi-Fi services in university-owned buildings. Please note that for special circumstances remote activation might be made possible.
Information about course registration and course changes:	Course registration takes place during the first week of class if not already coordinated by the relevant department. Registration procedures vary between departments.
	Please note: Courses are definite at the time of admissions. Course changes can only be made for specific academic reasons confirmed by the home university in writing and cannot be guaranteed. There is no add-and-drop period at Uppsala University. The last day to withdraw from a course is three weeks after the course begins.
Grading information	The grading scales used at Uppsala University can be found here: <u>uu.se/en/students/new-student/higher-education-in-sweden/grading-scales</u> ECTS grades are no longer offered to students due to a 2010 decision by the Vice-Chancellor of Uppsala University.
Transcript of Records	Students should download their transcript of records as a verifiable copy after completed exchange studies, using their student account (valid up to six months after the term). From Autumn 2020, Uppsala University does not automatically send out signed and stamped hard copies of the transcripts of records to the home university. All incoming students will be informed of the procedure.  Should your university require Transcript of Records for your students as a hard copy, signed and stamped, partner universities are more than welcome to request a copy using the online link below: <a href="https://www.uu.se/transcriptrequest">www.uu.se/transcriptrequest</a>



## Language requirements and language courses

Language requirements	6 6
Language requirements	Applicants will be asked to evaluate their level of English (or Swedish for those planning to take courses taught in Swedish) in the application form. We request that partner coordinators discuss with their applicants that at least a B2 level on the Common European Framework of Reference for Languages is the level the students can manage.  Definition of level B2:  "Can understand the main ideas of complex text on both concrete and abstract topics,
	including technical discussions in his/her field of specialisation. Can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible without strain for either party. Can produce clear, detailed text on a wide range of subjects and explain a viewpoint on a topical issue giving the advantages and disadvantages of various options."
Basic Swedish Language course	Basic Swedish language courses run part time and as afternoon/evening classes, throughout both terms and are worth 7.5 credits. There are several levels available depending on Swedish language skills, for more information please visit:  nordiska.uu.se/admissions/courses/swedish/basic/
	Students may apply to take Basic Swedish in the course selection module of the online application. No classes take place after mid-December.
Intensive Basic Swedish (IBS) NOT OFFERED 2023	An <b>Intensive Basic Swedish Summer Course</b> (in Uppsala only), worth 7.5 credits, runs for 4 weeks in August prior to the start of the official autumn term.
	Admissions: Students must add this course in their course selection when they apply for exchange studies. Given available space and the student passing IBS, this course can be combined with a higher level Basic Swedish course later in the term.
	Housing for IBS students: Students who have been offered accommodation through the Housing Office will receive an extended Housing contract and will be able to move into their rooms at course start.
	IBS and the Basic Swedish course are free of charge for exchange students.
English language assistance:	Students are required to have sufficient knowledge of English upon arrival.  Complimentary English language workshops and/or courses are offered at Uppsala University but not for academic credits. The language courses in the link below are free of charge for exchange students but places are not guaranteed:  www.sprakverkstaden.uu.se/?languageId=1

### Accommodation

Application for housing and online application link:	Housing is provided and managed through the private company Uppsala University Housing Office (UUHO). Uppsala University does not have its own accommodation.
	Students apply for housing between the following dates:
	For autumn term: 15 – 31 May For spring term: 15 – 30 November
	The link to the housing application will be emailed out to students in a separate email prior to the housing application period opening.
	The UUHO process the online applications for housing in Uppsala and Visby. Offers are made at the <b>beginning of June</b> for the autumn term and at the <b>beginning of December</b> for the spring term. An <b>active response</b> from the applicant is <b>required</b> .



	Please note that students should apply for housing as soon as the housing application period opens, even if they have not yet received their Certificate of Acceptance.  Applying for housing is not binding but accepting an offer is a binding contract.
Is accommodation guaranteed	Housing is not guaranteed, but accommodation is offered for exchange students
for exchange students?	based on the following conditions:
	1. The exchange agreement is relatively well balanced with regard to incoming/outgoing students.
	2. The application for housing in Uppsala is submitted on time and the student has accepted the offer by the deadline specified in the housing offer.
Housing options available:	There are various housing options available, please refer to the private company Uppsala University Housing Office's (UUHO) website <a href="housingoffice.se">housingoffice.se</a> for more information and contacts.
Meal plan options:	None. Student housing only offers cooking facilities in shared kitchens.

Financial Requirements and Resident Permits	
Are exchange students required	Non-EU/EES citizens:
to obtain a student visa or residence permit?	All non-EU/EES citizens need to apply for a residence permit to stay longer than 90 days in Sweden. The residence permit must have been granted before the student enters Sweden.
	The Swedish Migration Agency requires that non EU/EES students are accepted to full-time studies that require their presence in in Sweden. Full-time study means 30 higher education points per term. A residence permit cannot be received for distance learning or online courses.
	Uppsala University will send a <b>Certificate of Acceptance</b> by e-mail for each student in need of it. The Certificate of Acceptance is necessary in order to apply for a visa/residence permit. Further information can be found here: Residence permit for studies in higher education - Swedish Migration Agency (migrationsverket.se)
	More details will be sent with the Certificate of Acceptance by <b>late May</b> for the autumn term and <b>late November</b> for the spring term.
	Please note: Non-EU/EES citizens currently studying in another country covered by the Schengen agreement still have to apply for a residence permit before their arrival in Sweden.
	New rules for passport checks in person at the Swedish Embassy were recently introduced by the Swedish Migration Agency: <a href="mailto:migrationsverket.se/English/About-the-Migration-Agency/Stricter-passport-checks.html">migrationsverket.se/English/About-the-Migration-Agency/Stricter-passport-checks.html</a>
Information about supporting financial documentation:	For non-EU/EES citizens the Swedish Migration Board requires that applicants support their visa/residence permit application with proof of sufficient funds, currently a minimum of <b>SEK 9 450/month of study</b> for the entire duration of stay.
Are exchange students with residence permits allowed to work in Sweden?	Yes, both on- and off-campus, unlimited hours. However, it is <i>very</i> difficult to find work for non-Swedish speakers.

# **Medical Insurance**

Are exchange students required	No, all exchange students who are physically in Sweden conducting on campus
to purchase a compulsory	studies are automatically covered by an insurance policy taken by Uppsala
insurance plan?	University, <b>Student IN</b> , covering emergency medical care (for non-EU/EES
	citizens), liability coverage, legal coverage and accident insurance. No purchase is
	necessary for the student.



	For full details about the <b>Student IN</b> insurance, please visit:  kammarkollegiet.se/engelska/start/all-services/insurance-for-foreign-visitors/student-insurance/exchange-students-in-sweden <b>Please note</b> : Student IN does NOT cover pre-existing medical conditions or trips outside Sweden. Students should read the terms and conditions and determine whether they need to purchase additional private health insurance.
Other insurance information	EU/EES citizens
that students should be aware	EU students, who reside in the EU, must bring their European Health Insurance Card
of?	for medical insurance:
	ec.europa.eu/social/main.jsp?catId=857&intPageId=1304&langId=en

### **Student Services and Student Life**

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What services can be expected for students with disabilities?	Support for reading and writing difficulties/dyslexia, mental disorders, neuropsychiatric disorders, hearing impairment, visual impairment, physical disabilities or chronic illnesses can be provided. To receive support, students must provide evidence of disability directly to the Uppsala University's disability coordinators.
	The type of support students can receive is directly related to their education and based on their needs. Support is planned in collaboration with the student. For students requiring support, please contact one of Uppsala University's disability coordinators directly after applying for exchange studies:
	Campus Uppsala: riktatstod@uu.se Campus Gotland: riktatstod-cg@uu.se
	For more details: uu.se/en/students/support-and-services/disabilities
Student Health Service:	The Student Health Service at Uppsala University is a team of specialists: psychologists, counsellors and a doctor, all with a focus on student-related mental health issues. They offer individual consultations and arrange workshops on issues such as how to handle stress. The Student Health Service in Uppsala also has a <i>light room</i> to help students handle the darkness of the Swedish winter.
	For more details: <u>uu.se/en/students/support-and-services/the-student-health-services</u> More information about Health Care in Sweden: <u>uu.se/en/students/support-and-services/in-a-crisis-or-ill</u>
Orientation Programme and recommended arrival days	An <b>Orientation Programme</b> is arranged prior to each term start and provides students with information about all kinds of facilities and activities they need in order to make the most of their stay in Uppsala or Visby. In addition, a free bus service from Stockholm Arlanda airport to Uppsala University's Welcome Center in Uppsala is arranged during the official <b>Arrival Days.</b>
	The entire program with more details will be posted prior to each term and is updated continuously here: <u>uu.se/welcome</u>
	Welcome Programme Uppsala: <u>uu.se/en/students/new-student/welcome-to-uppsala</u> Welcome Programme Visby: <u>campusgotland.uu.se/welcome/#anchor-967042</u> Getting to Uppsala:
	uu.se/en/students/new-student/welcome-to-uppsala/getting-to-uppsala Travel to Gotland: campusgotland.uu.se/study/travel/



Buddy programme, or similar	Uppsala Student Union offers a Buddy programme for students new to Uppsala, i.e. "newbies". Find information and sign up at <a href="mailto:en.uppsalastudentkar.se/buddy">en.uppsalastudentkar.se/buddy</a>
	For more details, please contact: <u>buddy@us.uu.se</u>
	For Campus Gotland students the Student Union Rindi offers welcome activities in Visby, during the first weeks of the autumn term. Find information about this "Lamning" at rindi.com/english.
	For more details, please contact <u>info@rindi.com</u> .
Other relevant information for exchange students	Answering your questions Please consult our website or FAQ to find the answer to your question: uu.se/en/admissions/exchange/ https://www.uu.se/en/admissions/exchange/faq/
	Support and Services uu.se/en/students/support-and-services
	Visit Study in Sweden for more information on cost of living and much more: <a href="mailto:studyinsweden.se/life-in-sweden/cost-of-living/">studyinsweden.se/life-in-sweden/cost-of-living/</a>
	Campus Uppsala: All about life in Uppsala as an exchange student with important and useful information on arriving and getting settled, as well as everyday life in Uppsala from a student perspective, can be found here: <a href="https://www.uu.se/en/admissions/student-life/">uu.se/en/admissions/student-life/</a>
	A short YouTube-film on studying in Uppsala "A Letter from Uppsala" is available here: <a href="https://doi.org/10.1007/journal.org/">uu.se/en/admissions/</a>
	Campus Gotland (Visby), Gotland: All about life on Gotland as an exchange student with important and useful information on arriving and getting settled, as well as everyday life in Visby from a student perspective, can be found here: <a href="mailto:campusgotland.uu.se/study/live/">campusgotland.uu.se/study/live/</a>